

The connection of the Companies with the re-settlement of Ulster after the rebellion is interesting. As a result of proposals, made to the Companies by the King, large sums of money were subscribed by them for cultivating and planting parts of Ulster, with the result that a new county was formed which added to its old name that of the town of its masters and became known as Londonderry. Portions of land were allocated to the various companies, and those which still retain their lands have brought these estates into a very flourishing condition by their methods of cultivation and their generous treatment.

The great fire of London proved disastrous in many ways to the old City Companies. True it was with wonderful expedition that they restored their splendid halls, but the great devastation caused by the fire gave rise to a tremendous demand for building craftsmen, seeing that the buildings destroyed covered an area of four hundred and thirty-six miles. The bells ringing backwards to warn the citizens of their danger rang out too the knell of the old City Companies. Craftsmen of all sorts crowded to London and found a ready protection from the State, so that no longer could the ancient Companies of craftsmen maintain their old monopoly of the building crafts.

Major Rigg's lecture lifted, for the space of an hour, a portion of that veil which the years have drawn over the wonderful history of our ancient City, and we had a glimpse into the growth of its crafts, a glimpse that brought them out of the materialistic setting which they have in the national life of the present day, so that they seemed to stand as an expression of the very soul and spirit of the men who first made London and the Empire great.

After the lecture Mr. Wilson, Secretary of the British Empire Union, spoke a few words on the duties and responsibilities of British citizens.

THE POWER OF THE SUBCONSCIOUS MIND.

Miss Claridge introduced Miss Maud Hallam on Sunday last when she gave her lecture on the above subject. Miss Hallam spoke first on the value of human service and of how this service for others, whatever it might be, reacted for good upon the person who practised it. It became a source of wonderful magnetic attraction as well. Next she showed how the mind actually was to be regarded as the means of building up the body, saying that a deformed body always meant that in one way or another something was at fault in the mentality. She warned her listeners against setting their pace to the funeral march of "I can't," and said that there was absolutely no limit to the powers of an individual who believed in the far-reaching powers of thought. The lecturer drew attention to the fact that a sick person was very much more open to suggestive treatment than a normal healthy person, and a child also could be very readily influenced by such methods. In Miss Hallam's opinion the patient ought never to be told of the doctor's diagnosis, as such knowledge, acting through his sub-conscious mind, was apt to

hinder recovery. She considered that people were too much absorbed in the little things of life. They ought to learn to get out to the big things and to broaden their outlook. The field of auto-suggestion, in her opinion, opened out very wide opportunities for nurses, and they should take every opportunity of studying its methods.

MARRIAGE.

On October 7th Miss Agnes P. H. Baird was married to Mr. Leonard Wheeler at St. Peter's Church, Bayswater. Mrs. Wheeler has several times written, under the name of "Pixie Baird," in our official organ, articles which have been very greatly appreciated by the Members, and those who do not know her personally unite with others, who have met her at the Club, in offering, to her and her husband, many years of happiness.

GIFTS.

We acknowledge with warm thanks gifts from the following:—Mrs. Temple and Mrs. Stewart Murray, flowers; Misses Claridge, Dunsford, Glover, Morgan, Slater, Kathleen Smith, Swaby Smith and Gordon Wright, flowers; Misses Claridge and Gordon Wright, fruit; Miss Bishop, Devonshire cream; Miss Sadleir, "sweets for Sunday"; Messrs. Hamilton, cakes for the Gentlemen of St. Dunstan's; Miss Lawrence, 10s.; Misses Diver, Kitchen and Sadleir, 5s.; Miss Douglas, 2s. 6d.; Miss Muriel, 1s. 11d.

We have also received many delightful articles for the sale, but they are too numerous to mention in the Journal, and we hope that all Members who sent them have received the letters and cards conveying our warmest thanks for the help thus given.

DANCE.

Tickets are now available (5s. each) for the Dance, which is to take place at the Club, and we hope that all our Members will help us to make it a great success. We shall be very glad to hear from those who will undertake to sell tickets for it.

DANCING LESSONS.

Several of the Members who stay frequently at the Club like to clear a floor of an evening and to enjoy a dance together. It has been suggested by some of them that it would be nice to arrange for a few lessons before November 23rd, in order to learn the newest dances. We have, therefore, secured a good teacher of dancing for Monday evenings from 8 to 9 p.m. All nurses wishing to avail themselves of her teaching should arrive shortly before eight. The fee for each lesson is to be two shillings as the teacher realises that, if nurses had to take tickets for a course, they might be able to attend only a certain number of the lessons, and thus the few they could take would be somewhat costly.

ISABEL MACDONALD,

Secretary to the Corporation.

[previous page](#)

[next page](#)